

Anne Maxwell

Anne Maxwell, LCSW, RPT-S is a psychotherapist who has worked for over 25 years with children who struggle with not fitting in, with being different, with being labeled with “disorders.” She has developed a unique approach for these children, their parents and family members that allows them to shift from dismay, distress and worry to being able to change all of that, and to create a different way of being that works better for them.

- Children and families report more ease and peace at home, in school, with friends and out in the community.
- Students who have struggled in school have an easier time learning.
- Parents report fewer upsets with homework.
- Kids who have struggled socially are able to get along better than before.

Anne grew up in a bilingual home where “different” was neither right nor wrong. It was just different.

Prior to working with children and families directly, she worked in Washington, DC, in national politics. She successfully lobbied for the authorization of and funding for a \$25 million primary prevention and early intervention program for at-risk mothers and their babies. Eager to work with children and families, she changed direction from lobbying on behalf of kids and families to attending graduate school, so that she could become credentialed to work directly with them in a clinical capacity.



Following her graduation, she worked in a variety of settings, including a residential treatment center, inpatient psychiatric hospitals and outpatient clinics and practices.

Anne incorporates the best of the many trainings and workshops she has taken into her practice. A seeker at heart, she is constantly looking for what else she can add that might benefit kids of all ages and the adults in their lives.

In addition to her clinical practice, Anne now travels around the world, teaching classes and speaking to groups of parents, teachers, and psychotherapists, who work with and/or on behalf of children.

BOOKS



Would You Teach a Fish to Climb a Tree? A Different Take on Kids with ADD, ADHD, OCD and Autism

by Anne Maxwell, LCSW, Gary M. Douglas and Dr. Dain Heer

This book, an international best seller, is filled with practical tools, stories, observations, and life changing questions that can be used by anyone who has one of these kids in their life and who is looking for something different. Parents and siblings and relatives; teachers and therapists and administrators; peers and loved ones and friends ... all will benefit from this groundbreaking book. It provides us with a refreshing and new perspective on these children, who are so different from their peers.



The Keys to the Magic: A Play Therapist's Handbook of Family Centered Play Therapy

By Anne Maxwell, LCSW

“The handbook I wish I had been given when I began my career as a child and family and play therapist.” Based on the form of therapy Anne developed over the course of her clinical practice, called Family Centered Play Therapy, this handbook is a guide to any play therapist who would like to integrate parents into the play therapy process. Anne’s model facilitates healing and creates a way for therapists to feel more confident and at ease with the inclusion – or not – of parents into play therapy sessions.

RADIO

Anne has been interviewed on numerous radio shows, including

- Inspired Choices
- Teaching from the Heart
- The Dana Roc Show
- Joy of Living with Lale Hancock
- VoiceAmerica
- Law of Attraction Radio
- MyDNTALK Radio
- The What if Show
- EHealth Radio Network

INTERNET/PRINT

Anne has been featured in and interviewed for numerous print and online articles including:

- The Courier-Post, both online and print
- About.com
- 5 Minutes for Mom
- The Write Teachers
- Writer's Voice
- Motherhood Later

